

trouble now arises early in the morning as the child wakes up and the habit is resumed without her disturbing me—for a time at least, although her cot has been moved into my room."

9. "I should be so very grateful if you would give me your advice about my small son, aged 1;6. When we put him to go to sleep we notice that he sucks and tugs his blanket and rubs his thighs together—and goes red in the face. I noticed this several months ago. He started at about nine months when he was weaned. Though I did not at first recognise it I can now only think that this habit is masturbation and I am, of course, most anxious to stop him as soon as possible."¹

10. "I should be very grateful for your advice with regard to the recurrence of the rather unusual behaviour of my little daughter of 2;5. When she goes to bed both for her afternoon nap and at night she invariably turns on to her tummy and putting her hands between her legs (she wears a sleeping suit and cannot actually touch her body) works herself about grunting, and appears to draw her knees up together and then to push them out. I have told her that it was not the nice way to go to sleep and consequently she waits until I have left the room and then begins. She had this habit about twelve months ago, but by sitting and watching her until she went off to sleep I thought I had cured her of the habit for she has gone to sleep quite naturally until recently. Now the habit has recurred again."

11. "I wonder if you can give me some advice about my little girl, about whom I am very worried. She was four years old last February and for about a month now I have noticed that she takes an excessively long time to get to sleep when put to bed at 6.30 p.m., and also gets unusually hot, although lately she has only had a sheet over her. I thought perhaps she might play some vigorous game when she was left, to account for the sleeplessness and heat, so I determined to find out, and one evening watched her, quite

unseen by her.
I found that instead of playing about as I
thought she might,
she was rolling about under the bedclothes and
grunting and
gasping in the most peculiar way, stopping every
now and then
to rest and to cool down and then continuing,
This lasted for
about an hour and a half, when I thought I had
better put a
stop to it, so went and sat by her bedside and
asked with all
interest what she was so busy about. She
told me she was
'squeezing her legs together, and that it was
lovely and a great
treat', and demonstrated to me in the most
realistic way,
using herself up in the process while she clung
to the sheet
with her hands."